

# **Heart Rate/Pulse Sensor**

Product Number: ENHRT-A155



### **Overview**

Understanding how the heart works is basic to biology studies and is one of the first experiments any science student should learn to perform. The Heart Rate sensor makes these first steps fun and easy. Students can take their pulse simply by slipping the sensor over their finger. This ease of use makes it ideal for use even in large classrooms. The Heart Rate sensor measures heart rate between 0 and 200 bpm (beats per minute).

The Heart Rate sensor can be connected to the all einstein™ Tablets™, einstein™LabMate™, and einstein™LabMate+™.

## **Typical experiments**



### **Human Physiology**

- Comparing the heart rates of different individuals
- Comparing the heart rates of athletes and non-athletes
- Effect of exercise on heart rate
- Effect of caffeine on heart rate

#### How it works

Unlike an electrocardiograph (EKG) which monitors the electrical signal of the heart, the Heart Rate sensor measures heart rate by monitoring the change in infrared transmittance through blood vessels. As the heart forces blood through the blood vessels, the amount of blood changes and the corresponding variation in light intensities changes.

By plotting this signal, the heart rate can be determined, and some details of the pumping action can be seen on the graph. A sample graph is shown below.

## **Sensor specification**

Range Pulse:	0 to 200 bpm (beats per minute)
Range Waveform:	0 to 5 V
Waveform Resolution (12-bit): Pulse	1.25 mV
resolution:	1 bpm (beats per minute)
Max. Sampling Rate:	100 samples/sec
Data Logger Input Type:	Digital
Time Response	10 sec

Note: sensor cables sold separately

Note: This product is to be used for educational purposes only. It is not appropriate for medical or research applications. Specifically, it should not be used for patient diagnosis.

#### **Technical Notes**

- If readings seem unusual, reposition the Heart Rate clip until you see a smooth heart rate pattern.
- Remain calm with no talking or erratic breathing to obtain accurate readings.
- To meaningfully measure heart rate, the user should wait approximately five seconds to allow the sensor to
- Don't use the sensor in very bright light.
- Strong and direct florescent light may affect the readings. You may need to cover the finger order to block the florescent light.
- During the entire measurement, the finger clip must remain connected to the sensor and to the finger; otherwise you will receive incorrect data readings.

## Data logging and analysis

#### Milab<sup>TM</sup>

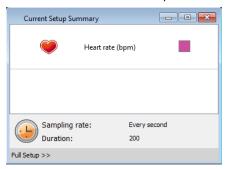
- Take your einstein™ Tablet OR pair your einstein™LabMate™ with your Android or iOS tablet via Bluetooth
- Insert the sensor cable into one of the sensor ports
- Launch MiLAB
- MiLAB will automatically detect the sensor and show it in the Launcher View
- Check the icon next to the sensor ( ) to enable it for logging

#### MultiLab4™

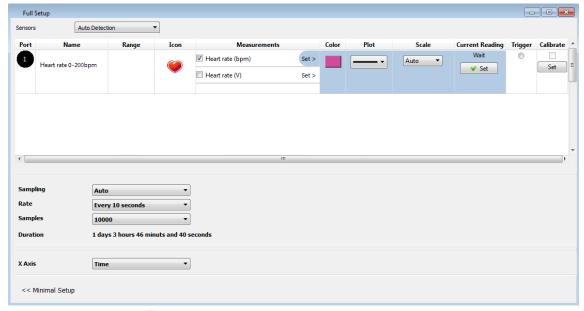
Pair your einstein™LabMate with your PC, MAC, or Linux machine via Bluetooth, or connect it via the USB cable

(found in the einstein™LabMate box).

- Insert the sensor cable into one of the sensor ports 2.
- Launch MultiLab4
- MultiLab4 will automatically detect the sensor and show it in the Current Setup Summary window



Click Full Setup, located at the bottom of the Current Setup Summary window to program the data logger's sample rate, number of samples, units of measurement, and other options



Click the Run button ( ) on the main toolbar of the Launcher View to start logging

### **Calibration**

The Heart Rate sensor requires no calibration.

## **Experiment Set-Up**

The Heart Rate sensor comes with:

- One Heart Rate sensor
- One Finger clip

## An Example of using the Heart Rate Sensor

### Monitoring both heart rate using both bpm and waveform

Below is a typical graph showing data obtained using a Heart Rate sensor:



Figure 1: Monitoring both heart rate in bpm and waveform

## **Troubleshooting**

If the Heart Rate sensor isn't automatically recognized by MultiLab/ MiLAB, please contact Fourier Education's technical support.

## **Technical support**

For technical support, you can contact the Fourier Education's technical support team at:

Web: www.einsteinworld.com/support

Email: support@fourieredu.com Phone (in the US): (877) 266-4066

## **Copyright and Warranty**

All standard Fourier Systems sensors carry a one (1) year warranty, which states that for a period of twelve months after the date of delivery to you, it will be substantially free from significant defects in materials and workmanship.

This warranty does not cover breakage of the product caused by misuse or abuse.

This warranty does not cover Fourier Systems consumables such as electrodes, batteries, EKG stickers, cuvettes and storage solutions or buffers.

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